



KALASALINGAM
ACADEMY OF RESEARCH AND EDUCATION
(DEEMED TO BE UNIVERSITY)
Under sec. 3 of UGC Act 1956. Accredited by NAAC with "A++" Grade



THE - Impact Rankings 2026

3 GOOD HEALTH
AND WELL-BEING



**Ensure healthy lives and promote well-being
for all at all ages**

3.3.3 Shared Sports Facilities

Kalasalingam Academy of Research and Education extends its well-developed sports facilities to nearby schools, colleges, and members of the surrounding community. By opening access to its playgrounds, indoor stadium, athletic tracks, courts, and fitness amenities, the university promotes physical activity, wellness, and sports participation beyond its campus. This initiative strengthens community engagement, encourages young athletes, and supports local institutions that may not have access to advanced sports infrastructure. Shared use of these facilities fosters social interaction, teamwork, and inclusive development while enhancing the university's role as a responsible and socially committed institution. Through this collaborative approach, the university contributes to building a healthier and more active society.



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Event Report: State Level Volleyball Tournament – Kalasalingam Memorial Trophy 2023

Event Title:

State Level Volleyball Tournament – Kalasalingam Memorial Trophy 2023

Organized By:

Department of Physical Education,
Kalasalingam Academy of Research and Education (KARE)

Date of Event:

11 January 2024

Event Overview:

The Department of Physical Education successfully organized the State Level Volleyball Tournament under the banner of the Kalasalingam Memorial Trophy – 2023. The tournament aimed to promote sportsmanship, teamwork, and competitive spirit among volleyball players across the state. The event attracted significant participation and served as a platform for young athletes to showcase their talent.

Participation Details:

- Total Number of Participants: 168
- Teams from various colleges and sports academies across Tamil Nadu participated.
- The matches were conducted in a knockout format ensuring fair and intense competition.

Event Highlights:

- The tournament witnessed high-energy matches, excellent teamwork, and exceptional volleyball skills.
- A dedicated jury and referees monitored the games to ensure transparency and fairness.
- The event was well supported by faculty members, student volunteers, and the university sports committee.

Awards and Recognitions:



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To acknowledge and encourage sports excellence, the following awards were presented:

- Merit Certificates – Given to all participants for their active involvement.
- Medals – Awarded to winners and runner-up teams.
- Overall Trophy – Presented to the champion team of the tournament.
- Best Player Award – Conferred upon the player with outstanding performance throughout the event.



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Kalasalingam Memorial Trophy-2024

State Level Volleyball

Tournament

for

School Boys and Girls

**11-01-2024(Thursday)**
8.30 AM

Last Date for Registration
10.01.2024 (Wednesday)

**KARE Sports Arena**

- Teams should produce bonafide certificates signed by the Principal / Head master/ Physical Education Teacher to participate in any event.
- Students should produce valid identity cards issued by their host School.
- The tournament will be conducted on knockout basis only.
- Tournament will be held at KARE Campus.
- The prescribed entry form shall be completed in all aspects.
- Spot entry will not be allowed.
- The decision of the Match Officials and Tournament Committee will be final in all aspects. Latest Volley ball rules and regulation will be followed.
- No Entry fee to participate in the event.
- The entry forms should reach us on or before 10.01.2024 through Whatsapp: **97882 25996** and Mail kluphysical@klu.ac.in. Other mode of entry will not be considered.
- Boarding will be provided on payment basis in the University canteen with prior intimation.
- Certificates will be given to all the participants.
- Organizing committee has the rights to change / cancel the matches with or without notice.



First 2 Positions
Trophy with
Merit Certificates

Dr. S.Vijayalaksmi
Director of Physical Education, KARE
97882 25996

For More Details
Mr. S.Chithambaram
Asst.Physical Director, KARE
90471 07448

Mr. B.Selvakumar
Asst.Physical Director, KARE
99528 35943



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Outcome of the Event:

The State Level Volleyball Tournament created a dynamic sports environment, motivating students and young athletes to participate enthusiastically in future competitions. It reflected the university's strong commitment to promoting physical education and sports culture within and beyond the campus.



Conclusion:

The Kalasalingam Memorial Trophy – 2023 was a grand success, ensuring wide participation and enthusiastic involvement from players, staff, and organizers. The Department of Physical Education extends gratitude to all stakeholders for contributing to the smooth and effective execution of the tournament.



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Event Report: State Level Kabaddi Tournament – Kalasalingam Memorial Trophy 2023

Event Title:

State Level Kabaddi Tournament – Kalasalingam Memorial Trophy 2023

Organized By:

Department of Physical Education,
Kalasalingam Academy of Research and Education (KARE)

Date of Event:

30 September 2023

Event Overview:

The Department of Physical Education successfully conducted the State Level Kabaddi Tournament as part of the Kalasalingam Memorial Trophy – 2023. The event aimed to encourage competitive sportsmanship, promote traditional Indian sports, and provide a platform for young kabaddi players to showcase their talent. The tournament attracted enthusiastic participation from various institutions across Tamil Nadu.

Participation Details:

- Total Number of Participants: 120
- Multiple teams from colleges, schools, and kabaddi training centers participated.
- Matches were conducted in accordance with official Kabaddi Federation rules to ensure fairness and quality play.

Event Highlights:

- Players demonstrated exceptional agility, tactical skills, and teamwork.
- Intense and thrilling matches created a highly engaging atmosphere for spectators.
- Faculty members, student volunteers, and the university sports committee provided strong organizational support.

Awards and Recognitions:



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To appreciate the efforts and achievements of the participants, the following awards were presented:

- Merit Certificates – Issued to all participants.
- Medals – Awarded to the winning and runner-up teams.
- Overall Trophy – Presented to the champion team.
- Best Player Award – Given to the participant who showcased outstanding performance throughout the tournament.



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To commemorate the 100th birth anniversary of our founder Chairman Kalvillal Thiru. T. Kalasalingam, KARE ORGANIZES

Kalasalingam Memorial Trophy-2023

1st State Level Kabaddi Invitation Tournament for Men

30-09-2023 (Saturday) 6.30 AM **Last Date for Registration 25.09.2023 (Monday)** **KARE Sports Arena**

- First come first serve basis (16 teams only).
- Teams should produce bonafide certificates signed by the Principal / Head of the institution / Director of Physical Education to participate in any event.
- Students should produce valid identity cards issued by their host institution.
- The tournament will be conducted on knockout basis only.
- Tournament will be held at KARE Campus.
- The prescribed entry form shall be completed in all aspects.
- Spot entry will not be allowed.
- The decision of the Match Officials and Tournament Committee will be final in all aspects. Latest Pro Kabaddi rules and regulation will be followed.
- No Entry fee to participate in the event.
- The entry forms should reach us on or before 25.09.2023 through Whatsapp: 97882 25996 and Mail kluphysical@klu.ac.in. Other mode of entry will not be considered.
- Boarding will be provided on payment basis in the University canteen with prior intimation.
- Certificates will be given to all the participants.
- Organizing committee has the rights to change / cancel the matches with or without notice.

For More Details

Dr. S.Vijayalaksmi
Director of Physical Education, KARE
97882 25996

Mr. S.Chithambaram
Asst.Physical Director, KARE
90471 07448

Mr. B.Selvakumar
Asst.Physical Director, KARE
99528 35943

First 4 Positions Trophy with Bonafide Certificate

About Kalasalingam Academy of Research and Education (KARE)

Kalasalingam Academy of Research and Education(KARE) (Deemed to be University) formerly Arulmigu Kalasalingam College of Engineering was established in 1984 by Kalvillal Thiru T. Kalasalingam, Founder Chairman who was a freedom fighter & Philanthropist. KARE is located at the pristine foothills of scenic Western Ghats of southern Tamilnadu. The Institution obtained Deemed to be University status in 2006. The Institution has been serving the society for thirty nine long years and it caters to the needs of the students from all walks of the society. The Institution has been re-accredited by NAAC with 'A' grade with a CGPA of 3.11. Eight UG programmes and Three PG Programmes have been accredited by the NBA under the Tier-1 category of Washington accord. KARE is the only institution in India to simultaneously get accredited by ABET(an International non - profit and non-governmental agency, USA) for 11 programmes.



Category	2023 RANKING	2023 RANKING	2023 RANKING
nirf 29 th University Category	601-800	301-400	
36 th Engineering Category	401-500	401-500	
48 th Overall Category	183	401-500	

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Outcome of the Event:

The State Level Kabaddi Tournament successfully promoted physical fitness, discipline, and team spirit among young athletes. It also strengthened the university's commitment to nurturing sports talent and engaging with the community through state-level competitions.

Conclusion:

The Kalasalingam Memorial Trophy – 2023 (Kabaddi) was conducted smoothly and concluded with great success. The Department of Physical Education expresses gratitude to all participants, organizers, and supporters for their contributions toward making the event impactful and memorable.



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Event Report: 40th Annual Sports Day – 2024

Event Title:

40th Annual Sports Day – Kalasalingam Academy of Research and Education

Organized By:

Department of Physical Education,
Kalasalingam Academy of Research and Education (KARE)

Date of Event:

05 April 2024

Event Overview:

The Department of Physical Education successfully organized the 40th Annual Sports Day, marking four decades of fostering physical fitness, teamwork, and sportsmanship among students. The event brought together participants from various departments and showcased a wide range of athletic and sports events. The celebration reflected the university's strong commitment to holistic student development through sports and physical education.

Participation Details:

- Total Number of Participants: 650
- Students from undergraduate, postgraduate, and research programs enthusiastically took part in track events, field events, and team competitions.
- Events were conducted following standard rules and guidelines, ensuring fairness and competitive spirit.

Event Highlights:

- The day commenced with the ceremonial march-past, demonstrating discipline and unity among various departmental contingents.
- Students exhibited high levels of energy and determination in sprints, long-distance races, jumps, throws, and team events.
- The event witnessed active involvement from faculty coordinators, sports officials, and volunteers ensuring smooth conduct of the programme.



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- The audience experienced an exciting display of talent, making the event vibrant and engaging.

Awards and Recognitions:

To acknowledge and celebrate outstanding performances, the university presented the following recognitions:

- Merit Certificates – Given to all participants who took part in various events.
- Medals – Awarded to winners and runners-up of individual and team events.
- Overall Trophy – Presented to the department with the highest cumulative points.
- Best Player Award – Conferred upon the student who demonstrated exceptional athletic performance and sportsmanship throughout the event.

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DEPARTMENT OF PHYSICAL EDUCATION

Cordially invites you for the
40th ANNUAL SPORTS DAY CELEBRATION

on
05th April 2024 (Friday) at 5.00 pm
Venue : KARE Sports Arena

Chief Guest
Mrs. M. Sheela Sundari
Assistant Director / District Social Welfare Officer,
Virudhunagar Collectorate ,
Virudhunagar.

will preside over the function

"Ilaiyavallai" Dr. K. Sridharan Chancellor, KARE	Dr. S. Arivazhagi Sridharan Pro Chancellor, KARE
Dr. S. Shasi Anand Vice President, KARE	Er. S. Arjun Kalasalingam Vice President, KARE
Dr. S. Narayanan Vice Chancellor, KARE	Dr. V. Vasudevan Registrar, KARE
Dr. A. Samson Nesaraj Director-Student Affairs, KARE	Mr. S. Chithambaram Physical Director (I/c)





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Outcome of the Event:

The 40th Annual Sports Day served as a platform for students to display their athletic abilities, build confidence, and enhance their physical fitness. The event strengthened camaraderie among students and motivated them to engage actively in sports and wellness activities.

Conclusion:

The 40th Annual Sports Day – 2024 was a grand and memorable event that successfully highlighted the spirit of sportsmanship and teamwork. The Department of Physical Education extends heartfelt appreciation to all participants, organizers, volunteers, and supporters for making the event a resounding success.



REPORT ON THE REQUEST FROM VIRUDHUNAGAR DISTRICT CRICKET ASSOCIATION (VDCA) TO UTILIZE KARE CRICKET GROUND

1. Introduction

The Virudhunagar District Cricket Association (VDCA) submitted a formal request seeking permission to utilize the cricket ground at Kalasalingam Academy of Research and Education (KARE) for conducting district-level league matches. The requested period covers **four months**, with matches proposed to be held on **all Sundays**. This report summarizes the request, assesses feasibility, and outlines the implications for approval and execution.

2. Summary of the Request

VDCA has requested:

- **Venue:** Cricket Ground, KARE
- **Purpose:** Conducting the *official league matches* under VDCA
- **Duration:** **Four consecutive months**
- **Schedule:** **Every Sunday** during the requested period
- **Participants:** Registered district-level cricket teams affiliated with VDCA
- **Requirement:** Access to the pitch, ground facilities, seating area, and basic amenities

The association has assured adherence to institutional norms and requested necessary cooperation from the KARE administration.

3. Purpose and Significance

The conduct of district-level cricket matches at KARE is expected to provide:

- **Enhanced sports exposure** for the regional cricketing community
- Opportunities for **student volunteers** from KARE to gain event management experience
- **Strengthening community engagement** with district sports bodies
- Potential recognition of KARE as a venue for **regional sporting events**

Such collaboration aligns with KARE's commitment to promoting sports, fitness, and community partnerships.



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VIRUDHUNAGAR DISTRICT CRICKET ASSOCIATION

(AFFILIATED TO THE TAMILNADU CRICKET ASSOCIATION)

64, East Car Street, SIVAKASI - 626 123.

Hon. President
A. KUMARAVEL

Hon. Vice President
V.A. KODEESWARAN

Hon. Secretary
R. THIVIA PRAHASAM
Cell : 94431 20019

Hon. Treasurer
V. VASANTHA KUMAR
Cell : 94434 44259

Hon. Jt. Secretary
S. SURENDRAN
Cell : 94420 52665

Hon. Asst. Secretaries
S. RAJESWARAN
S.V. ELANGOVAN
Cell : 94435 75912

Date : ...1.2.2023...

To

The Physical Director Avl
Kalasalingam Academy of Research Education
Krishnankoil -626126

Sir / Madam

We have been conducting our Virudhunagar District Cricket league matches at your institution grounds with the kind permission of yours for so many years. We submit our humble thanks to you for your kind gesture as it is the prime duty of a district association to conduct league matches Instructed by Tamilnadu Cricket Association.

For the coming years also we seek your kind permission to use the grounds on Sundays only. We shall abide and respect the rules of your institution as in the previous years.

We hope that you will consider our request in our favours and give us permission to use the grounds.

Thanking you,

Yours Truly
For VIRUDHUNAGAR DISTRICT
CRICKET ASSOCIATION

Secretary



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REPORT ON THE REQUEST FROM RANGA RAO LIONS MHSS, MAHARAJAPURAM TO UTILIZE THE UNIVERSITY INDOOR STADIUM

1. Introduction

Ranga Rao Lions Matriculation Higher Secondary School, Maharajapuram, has submitted a formal letter requesting permission to use the University's Indoor Stadium to conduct Badminton and Basketball matches. The request seeks approval to utilize the facilities for two consecutive days for their school-level sports events. This report examines the request, evaluates feasibility, and outlines recommendations for decision-making.

2. Summary of the Request

The school's request includes:

- Venue Required: Indoor Stadium, University Campus
- Purpose: Conducting *Badminton and Basketball matches* for inter-school or intra-school events
- Duration: 2 days
- Expected Participants: Students of RRLMHSS and accompanying staff
- Requirements: Access to the stadium courts, seating area, drinking water, and basic utilities

The institution assures adherence to campus norms and requests cooperation for smooth event execution.

3. Purpose and Significance

The proposed usage aligns with the academic and athletic objectives of the school. It provides:

- A safe and professional indoor environment for conducting matches
- Opportunity for participants to compete in a well-equipped sports facility
- Strengthening of the school–university relationship
- Enhanced visibility for the university in community and school networks

Such collaborations promote a culture of physical fitness and community partnership.



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அனுமதி கடிதம்

அனுமதி:

முதலிய அயர்கன்,
ஏற்குறிய ஸயன்ஸ் எம்ப்ளிக் லெனிதானல் பன்லி,
மகாபாஜாபம்.

ஸயாபம்

பதிவாணர் அயர்கன்,
கலாசாலம் பன்லிதானல் கதகம்,
கிஞ்சிதானல் லெனலி.

மதிப்பிற்குரிய ஜயா,

ஸயன்ஸ் : வத்தியாபலிய குறுவட்ட அமலாண
கிடுகலத்து லெனலிதானல் பித்தத்தி-
தானிய

வணக்கம். அய்குறு வத்தியாபலிய குறுவட்ட
அமலாண கிடுகலத்து மத்திய கலாசாலம் லெனலிதானல்
18.8.23 மத்திய 19.8.23 (லெனலி மத்திய தானிய)
பித்தத்திதானல் அய்குறு பன்லிதானல் கதகம்
அய்குறுதானல் லெனலிதானல் பித்தத்திதானல்
அய்குறு அய்குறுதானல் அய்குறுதானல்
கதகம்.

தானிய : 17.8.23.

கதகம் : வத்தியாபலிய.

அய்குறு அய்குறுதானல்,

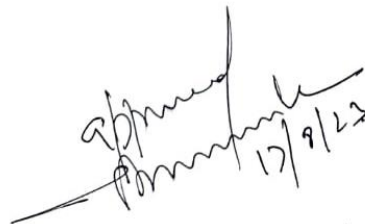
Y. P. Pradeesh

(R. Ram Pradeesh)

Physiol Director,

Rengas Lion's m. H.S.S

Madhavapuram.



17/08/23



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Public School Development Initiatives by the University

Kalasalingam Academy of Research and Education (KARE) actively contributes to the development of nearby public schools through a range of academic, infrastructural, and community-oriented initiatives. These efforts aim to uplift school education, strengthen learning outcomes, and support holistic development among schoolchildren. The initiatives also reflect the university's commitment to social responsibility, community engagement, and sustainable educational growth.

1. Academic Support and Skill Development

- **Faculty-Led Workshops & Seminars**

University faculty regularly conduct training programs, subject awareness sessions, and career guidance workshops for school students and teachers. These include modules in science, mathematics, computer skills, environmental studies, and language development.

- **Student Mentoring Sessions**

University students volunteer as mentors to help public school students with learning difficulties, exam preparation, and exposure to higher education pathways.

- **STEM Promotion Activities**

STEM demonstrations, science experiments, model exhibitions, and hands-on activities are conducted by engineering and science departments to promote curiosity and conceptual understanding among schoolchildren.

2. Infrastructure & Resource Development

- **Upgradation of School Facilities**

The university supports public schools by improving basic facilities such as classrooms, sanitation units, drinking water facilities, and playground spaces.

- **Donation of Learning Materials**

Textbooks, stationery, laboratory kits, sports equipment, and digital learning resources are distributed to enhance the learning environment.

- **Smart Classroom Enablement**

Where possible, the university assists schools in setting up projectors, digital boards, and computer systems to support modern learning methods.

3. Technology & Digital Literacy Initiatives



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- **Basic Computer Education Camps**

Short-term computer literacy programs are organized to introduce school students to digital tools, internet usage, and basic coding.

- **Access to University Labs**

Selected school groups are invited to visit university laboratories, including robotics, AI, biotechnology, and physics labs, enabling experiential learning.

4. Sports & Physical Development Programs

- **Shared Sports Facilities**

Public school students are allowed to use university sports grounds and indoor facilities for training, competitions, and sports day events.

- **Fitness & Wellness Workshops**

Sessions on yoga, physical fitness, and health awareness are organized to promote an active lifestyle among schoolchildren.

5. Community Health & Social Awareness Initiatives

- **Medical & Dental Camps**

The university organizes free health check-ups, dental screenings, vision tests, and hygiene awareness programs in nearby schools.

- **Social Awareness Programs**

Awareness sessions on gender equality, environmental protection, anti-ragging, anti-bullying, road safety, and substance abuse are conducted regularly.

6. Teacher Capacity-Building

- **Training Programs for School Teachers**

Hand-on workshops on NEP-2020 implementation, ICT-enabled teaching, classroom management, and subject-specific pedagogies are offered to help teachers upgrade their skills.

- **Collaboration for Academic Projects**

Schools collaborate with university departments for curriculum support, academic planning, and knowledge-sharing activities.

7. Support for Competitions & Talent Development



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- Science Fairs and Project Competitions

The university hosts exhibitions, model-making events, and quiz competitions to nurture innovation and creativity.

- Cultural and Literary Events

Public school students participate in elocution, essay writing, drawing competitions, and cultural festivals held at the university.

8. Sustainability & Community Engagement Initiatives

- Environmental Education

Tree planting drives, waste management awareness, and water conservation programs are conducted in partnership with schools.

- SDG Awareness Programs

Sessions are conducted to educate schoolchildren about the Sustainable Development Goals (SDGs) and global citizenship.





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Programs Conducted by the District Collector's Office and Education Department at the University

Kalasalingam Academy of Research and Education (KARE) actively collaborates with the District Collector's Office and the Department of School Education to host various government-driven programs, awareness campaigns, and academic enhancement initiatives. These programs align with the vision of improving educational quality, promoting community engagement, and strengthening the connection between higher education institutions and the district administration.

1. Career Guidance & Higher Education Awareness Programs

The District Collector's Office in association with the School Education Department organizes periodic career guidance workshops at the university for government school students. These sessions help students understand various academic pathways, scholarship opportunities, competitive examinations, and career prospects in engineering, medical, arts, and vocational fields.

2. Motivational and Personality Development Sessions

To inspire students from rural and underprivileged backgrounds, motivational talks and personality development programs are conducted by officers from the District Administration. These initiatives aim to improve confidence, communication skills, and overall student preparedness for future academic challenges.

3. Training Programs for Government School Teachers



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The university serves as a venue for capacity-building workshops organized by the Education Department for school teachers. These programs cover topics such as:

- ICT-enabled teaching
- NEP 2020 orientation
- Inclusive education practices
- Classroom management
- Use of digital tools in teaching

4. Government Examination Orientation & Training Camps

District-level preparatory programs for competitive exams such as:

- TNPSC awareness sessions
- RRB & Banking exam orientation
- Government scholarship guidance

are hosted at the university, providing students with expert advice and updated information.

5. District-Level Science, Talent & Cultural Competitions

In collaboration with the District Science Centre and the Education Department, the university hosts:

- Science exhibitions
- Model competitions
- Quiz & essay competitions
- Cultural programs for school students

The university provides infrastructure, judges, and logistical support to promote talent development.

6. Health Awareness & Public Welfare Programs

The District Collector's Office organizes health-oriented programs on campus, such as:

- Nutrition awareness under the District Health Society
- Anaemia-free Tamil Nadu campaign
- Anti-drug awareness programs



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- Swachh Bharat cleanliness drives
- Disaster preparedness awareness

These programs help educate students and the local community on important social and health issues.

7. Safety, Cybersecurity & Law Awareness Sessions

Collaborations with district law enforcement and cybercrime units enable the university to host:

- Cyber safety awareness for students
- Anti-ragging orientation
- Women safety & self-defence training
- Road safety programs conducted by the RTO

These sessions help create a safe and informed campus environment.

8. Special Camps & Public Service Events

KARE often hosts special district-level events such as:

- Voter Awareness (SVEEP) campaigns
- Youth Parliament programs
- Environmental and sustainability drives in coordination with government departments
- Public grievance outreach camps organized by district officials

These activities help strengthen civic participation and community engagement.